

Don't Let Myths About Coronavirus Fool You!

MYTHS:

Coronavirus is a death sentence.

I can get coronavirus from Chinese food.

I should wear a face mask.

I have a runny nose, so I have coronavirus.

My dog or cat can spread the virus.

I shouldn't get mail from China or shop in stores run by people of Chinese heritage.

FACTS:

No. Most people who contract the virus recover within 1-2 weeks. The fatality rate is around 2% vs. 10% for the SARS virus. There is a higher risk for those who are of older age or with pre-existing illnesses.

False. Coronavirus spreads from person to person via respiratory droplets produced when an infected person coughs or sneezes. This is similar to the flu and other respiratory illnesses.

CDC has recommended against face masks in the US to prevent spread. However, frequent handwashing is always a good idea. Alternatively, use hand sanitizer containing at least 60% alcohol.

Not likely. Those at risk are people who feel sick with fever, cough, or difficulty breathing, AND had traveled to China or were in close contact with someone with COVID-19 within the last 14 days.

There is no evidence of this, but it is always a good idea to wash your hands after petting your animal.

Very wrong. Misinformation and panic can be more dangerous than any virus. Viruses don't stay alive very long on surfaces. WHO says it's safe to receive packages and letters from China.



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不要被謠言騙了!

謠言:

一旦我患上冠狀病毒，我會死亡

我會因為吃中國菜而患上冠狀病毒

我應該戴上口罩

我流鼻涕，所以我患有冠狀病毒

我的狗或貓會傳播病毒

我不應該接受來自中國的郵件，也不應在中國人經營的商店裏購物

事實:

假。根據當前數據，大多數感染病毒的患者會在1-2週內康復。新型冠狀病毒的致死率約為2%，而SARS病毒為10%。年長者或已患疾病的人感染病毒的風險更高。

假。冠狀病毒通過感染者咳嗽或打噴嚏時產生的呼吸道飛沫在人與人之間密切傳播。這與流感和其他呼吸系統疾病的傳播方式類似。

美國疾病預防控制中心目前不建議在美國使用口罩來防範冠狀病毒傳播。但建議大家經常洗手。如果條件不允許，可用酒精濃度至少達到60%的搓手液清洗雙手。

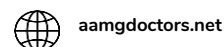
不一定。高危人群是指出現發燒，咳嗽或呼吸困難症狀的人，並且在過去的14天內曾到過中國或與COVID-19的感染者有密切接觸。

沒有證據說明狗或貓會傳播病毒，但建議在撫摸動物後洗手。

非常錯誤。錯誤信息和恐慌比任何病毒都更危險。病毒不能在物品表面存活很長時間。世衛組織表示，接收來自中國的包裹和信件是安全的。



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